



Sheriff's Office COUNTY OF TULARE AGENDA ITEM

BOARD OF SUPERVISORS

KUYLER CROCKER
District One
PETE VANDER POEL
District Two
AMY SHUKLIAN
District Three
J. STEVEN WORTHLEY
District Four
MIKE ENNIS
District Five

AGENDA DATE: April 3, 2018

| | | | | |
|---|-----|-------------------------------------|-----|-------------------------------------|
| Public Hearing Required | Yes | <input type="checkbox"/> | N/A | <input checked="" type="checkbox"/> |
| Scheduled Public Hearing w/Clerk | Yes | <input type="checkbox"/> | N/A | <input checked="" type="checkbox"/> |
| Published Notice Required | Yes | <input type="checkbox"/> | N/A | <input checked="" type="checkbox"/> |
| Advertised Published Notice | Yes | <input type="checkbox"/> | N/A | <input checked="" type="checkbox"/> |
| Meet & Confer Required | Yes | <input type="checkbox"/> | N/A | <input checked="" type="checkbox"/> |
| Electronic file(s) has been sent | Yes | <input checked="" type="checkbox"/> | N/A | <input type="checkbox"/> |
| Budget Transfer (Aud 308) attached | Yes | <input type="checkbox"/> | N/A | <input checked="" type="checkbox"/> |
| Personnel Resolution attached | Yes | <input type="checkbox"/> | N/A | <input checked="" type="checkbox"/> |
| Agreements are attached and signature line for Chairman is marked with tab(s)/flag(s) | Yes | <input checked="" type="checkbox"/> | N/A | <input type="checkbox"/> |

CONTACT PERSON: Ed Lardner, Grant Specialist PHONE: (559) 802-9462

SUBJECT: Authorize the submission of a grant application to the Board of State Community Corrections.

REQUEST(S):
That the Board of Supervisors:

1. Authorize the Tulare County Sheriff's Office to submit a grant application to the Board of State Community Corrections Residential Substance Abuse Treatment grant program for the 2018/2019 fiscal year.
2. Authorize the Chairman to sign the grant application and related certifications.

SUMMARY:
The Board of State Community Corrections (BSCC) has released the request for proposal for the Residential Substance Abuse Treatment Program (RSAT), federally funded through the Bureau of Justice Assistance. The Tulare County Sheriff's Office (TCSO) Inmate Programs section has applied for this grant, been awarded, and implemented RSAT since 1999. Your Board last approved an agreement with BSCC to continue to partially fund and operate RSAT on June 27, 2017, for the current FY, Agreement No. 28197.

If awarded this grant, TCSO will be funded for a three-year cycle, with the first year commencing July 1, 2018 and ending on June 30, 2019. A non-competitive Request for Application (RFA) for continuation funding will be issued for the second year (July 1, 2019 through June 30, 2020) and the third year (July 1, 2020 through June 30, 2021), which TCSO will apply for. Continued funding for the second and third years is contingent on the amount and availability of federal

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DATE: April 3, 2018

funding and on compliance with the RSAT program requirements.

The purpose of the RSAT Program is to break the cycle of drugs and violence by reducing the demand, use, and trafficking of illegal drugs. Participants are inmates with drug addiction problems. These inmates are segregated inside the TCSO Men's Correctional Facility from the rest of the County's jail population. RSAT participants undergo intensive counseling over several months to battle drug addiction, develop appropriate life skills, and successfully re-enter the community after incarceration. Graduates of the program have a lower overall recidivism rate than other inmates.

During this current grant cycle, TCSO has collaborated with Alternative Services Inc. along with Barbara Aved Associates to administer RSAT. Alternative Services Inc. will provide four substance abuse counselors to deliver services to our inmates in RSAT, delivered 5-days a week in a therapeutic community model. A component of the grant is a continuing evaluation of the program, a service Barbara Aved Associates has provided. TCSO anticipates these partnerships to continue with the RSAT grant, should it be awarded. Should this grant application be accepted and the Sheriff's Office awarded the grant, the Sheriff's office will return to the Board of Supervisors for approval of the agreement.

FISCAL IMPACT/FINANCING:

The Sheriff's Office is seeking up to \$235,669 from the BSCC for the proposed RSAT grant application to fund our Sheriff's staff and our two project subcontractors. There is a 25% match to this grant, up to \$78,566, which will come from the Inmate Welfare Fund administered by TCSO. The total for both is \$314,265. There is no net County cost.

LINKAGE TO THE COUNTY OF TULARE STRATEGIC BUSINESS PLAN:

The Safety and Security Initiative is one of four initiatives in the Tulare County Strategic Business Plan. The RSAT Program addresses the goal to "Provide facilities and resources for training and rehabilitation of criminal offenders." Counselors work with inmates on a full-time basis addressing the life skills and tools necessary for planned reentry into the communities. This Program is in line with this initiative.

ADMINISTRATIVE SIGN-OFF:

Mike Boudreaux
Sheriff-Coroner

cc: Auditor-Controller
County Counsel
County Administrative Office (2)

SUBJECT: Authorize the submission of a grant application to the Board of State
Community Corrections.

DATE: April 3, 2018

Attachment(s) RSAT Grant Application

**BEFORE THE BOARD OF SUPERVISORS
COUNTY OF TULARE, STATE OF CALIFORNIA**

**IN THE MATTER OF AUTHORIZE THE)
SUBMISSION OF A GRANT APPLICATION) Resolution No. _____
TO THE BOARD OF STATE COMMUNITY) Agreement No. _____
CORRECTIONS)**

UPON MOTION OF SUPERVISOR _____, SECONDED BY
SUPERVISOR _____, THE FOLLOWING WAS ADOPTED BY THE
BOARD OF SUPERVISORS, AT AN OFFICIAL MEETING HELD _____
_____, BY THE FOLLOWING VOTE:

AYES:
NOES:
ABSTAIN:
ABSENT:

ATTEST: MICHAEL C. SPATA
COUNTY ADMINISTRATIVE OFFICER/
CLERK, BOARD OF SUPERVISORS

BY: _____
Deputy Clerk

* * * * *

1. Authorized the Tulare County Sheriff's Office to submit a grant application to the Board of State Community Corrections Residential Substance Abuse Treatment grant program for the 2018/2019 fiscal year.
2. Authorized the Chairman to sign the grant application and related certifications.

**Residential Substance Abuse Treatment
(RSAT) Grant**

PROPOSAL PACKAGE

COVER SHEET

Submitted by:

County of Tulare Sheriff's Office

Date submitted:

April 5, 2018

RSAT Proposal Checklist

A complete RSAT Proposal package must contain the following (to be submitted in the order listed):

| | | |
|----|---|-----|
| | Required Items: | ✓ |
| 1 | Cover Sheet Insert Applicant Name and Date of Submission | ✓ |
| 2 | RSAT Proposal Checklist <ul style="list-style-type: none"> Signed in blue ink by the authorized signatory (original signature) | ✓ |
| 3 | Applicant Information Form <ul style="list-style-type: none"> Signed in blue ink by the authorized signatory (original signature) | ✓ |
| 4 | Proposal Narrative <ul style="list-style-type: none"> 20 pages or less | ✓ |
| 5 | Budget Table <ul style="list-style-type: none"> 1 page – use template provided in RFP budget section | ✓ |
| 6 | Budget Narrative | ✓ |
| | Required Attachments | |
| 7 | Certification of Compliance with BSCC Policies on Debarment, Fraud, Theft and Embezzlement (Use Attachment E template provided) <ul style="list-style-type: none"> Signed in blue ink by the authorized signatory (original signature) | ✓ |
| 8 | RSAT Implementation Workplan (Use Attachment G template provided) | ✓ |
| 9 | In- Custody Program Schedule | ✓ |
| 10 | Aftercare Program Schedule | ✓ |
| | Optional: | |
| 11 | Governing Board Resolution (Attachment D) <i>Note: The Governing Board Resolution is due prior to Grant Award Agreement, not at time of proposal submission.</i> | N/A |

I have reviewed this checklist and verified that all required items are included in this proposal packet.

X

Applicant Authorized Signature (see Applicant Information Form, Part L, next page)

| K. DAY-TO-DAY FISCAL CONTACT: | | | | |
|--|---------|---|------------------------------------|--|
| NAME OF APPLICANT | | TITLE | TELEPHONE NUMBER | |
| County of Tulare Sheriff's Office | | Accountant | (559) 802-9459 | |
| B. DATA UNIVERSAL NUMBER SYSTEM (DUNS) | | | C. TAX IDENTIFICATION NUMBER (TIN) | |
| 833 South Akers Street | | | (559) 737-4283 | |
| DUNS # | CITY | STATE | ZIP CODE | EMAIL ADDRESS |
| 071861884 | Visalia | CA | 93277 | kgtrigsby@co.tulare.ca.us |
| STREET ADDRESS | | CITY | STATE | ZIP CODE |
| 36168 Road 112 | | Visalia | CA | 93291 |
| MAILING ADDRESS (if different) | | CITY | STATE | ZIP CODE |
| 833 South Akers Street | | Visalia | CA | 93277 |
| D. PROJECT TITLE: Residential Substance Abuse Treatment | | | | |
| E. PROJECT SUMMARY (100-150 words): | | | | |
| This program is for the sole purpose of providing an evidence-based substance abuse recovery program to county jail inmates. With the use of Cognitive Behavioral Therapy interventions, it is the intent of the program to change behaviors and attitudes regarding substance abuse issues and criminal thinking. Discharge planning will be a key component in helping the offender upon release into the community. | | | | |
| F. GRANT FUNDS REQUESTED: | | G. TREATMENT COMPONENTS THAT THE RSAT GRANT FUNDS WILL BE USED FOR (check one box): | | |
| \$ 235,699 | | IN-CUSTODY <input type="checkbox"/> | AFTERCARE <input type="checkbox"/> | BOTH <input checked="" type="checkbox"/> |
| H. PROJECT DIRECTOR: | | | | |
| NAME | | TITLE | TELEPHONE NUMBER | |
| Cory Jones | | Lieutenant, Inmate Program Manager | (559) 735-1707 | |
| STREET ADDRESS | | | FAX NUMBER | |
| 36168 Road 112 | | | (559) 737-4411 | |
| CITY | STATE | ZIP CODE | EMAIL ADDRESS | |
| Visalia | CA | 93291 | csjones@co.tulare.ca.us | |
| I. FINANCIAL OFFICER: | | | | |
| NAME | | TITLE | TELEPHONE NUMBER | |
| Terrie Saenz | | Fiscal Manager | (559) 802-9450 | |
| STREET ADDRESS | | | FAX NUMBER | |
| 833 South Akers Street | | | (559) 737-4283 | |
| CITY | STATE | ZIP CODE | EMAIL ADDRESS | |
| Visalia | CA | 93277 | tlsaenz@co.tulare.ca.us | |
| PAYMENT MAILING ADDRESS (if different) | | CITY | STATE | ZIP CODE |
| N/A | | | | |
| J. DAY-TO-DAY PROGRAM CONTACT: | | | | |
| NAME | | TITLE | TELEPHONE NUMBER | |
| Nicole Salinas | | Inmate Programs Specialist | (559) 735-1672 | |

| | | | |
|----------------------------------|-------------|------------------------------|--|
| STREET ADDRESS 36168 Road 112 | | FAX NUMBER (559) 737-4411 | |
| CITY Visalia | STATE CA | ZIP CODE 93291 | EMAIL ADDRESS smartinez@co.tulare.ca.us |

| | | | |
|--|-------------------|------------------------------------|---|
| L. AUTHORIZED SIGNATURE | | | |
| By signing this application, I hereby certify that I am vested by the Applicant with the authority to enter into contract with the BSCC, and that the grantee and any subcontractors will abide by the laws, policies and procedures governing this funding. | | | |
| NAME OF AUTHORIZED OFFICER J. Steven Worthley | TITLE Chairman | TELEPHONE NUMBER (559) 636-5000 | EMAIL ADDRESS grants@co.tulare.ca.us |
| STREET ADDRESS 2800 W. Burrel Avenue | CITY Visalia | STATE CA | ZIP CODE 93291 |
| APPLICANT'S SIGNATURE (Blue Ink Only) X | | | DATE |

NARRATIVE SECTIONS

1. Program Need

The Tulare County Sheriff's Office (TCSO), Inmate Programs Division currently operates a 64-bed housing unit at the Men's Correctional Facility. The sole purpose of this unit is to house the inmates serviced by our Residential Substance Abuse Treatment (RSAT) program. The

requested funds are to help operate the RSAT program that has been in place since 1999. There are no other drug treatment programs offered in our jail facilities and very limited services offered within our county. Although Tulare County ranked number two in the nation in agricultural and dairy production, many of the jobs are in agriculture and are transient, which do not pay well. Tulare County is listed as one of the poorest counties in the State compared to counties of similar size, when it comes to services offered and the population served. The RSAT program has been proven a valuable resource in helping to make a difference in the community. Without the funds from this grant, the Sheriff's Office would not be able to continue the program in its current state.

Substance abuse continues to be a concern in Tulare County in spite of the efforts being made concerning education, enforcement, and treatment. Tulare County is fighting an unending battle, one that includes a strong presence of the Mexican Drug Trafficking organizations that use high power tactics to retain their footing in the Central Valley drug market. In a July 2015 DEA Strategic Intelligence Report on areas of influence by "Major Mexican Transnational Criminal Organizations, Tulare County, which sits in the middle of the Central Valley of California, is an area controlled by four Cartels." It is estimated by law enforcement that Central Valley (CV) cartels are one of the largest manufacturers and distributors of meth in California, which in turn many times leads to use. The 2016 High Intensity Drug Trafficking Area (HIDTA) analysis report confirms this: "*Methamphetamine trafficking and abuse are pervasive, rendering meth the greatest drug threat to the CV HIDTA region.*" There is a strong correlation between drug use, poverty, low education attainment and high unemployment rates.

With the legalization of recreational/medical marijuana laws, we believe we will see an increase in the use and crimes committed, related to the use of marijuana. This will only compound the heavy drug use we already see in our community today. A California Department of Justice (DOJ) report reflects the number of Tulare County adult arrests at 1,635 for drug offenses in 2016, this amounts to 4.19% of all arrests in California. This percentage is higher than many counties and No. 1 among counties of like size (Monterey, Santa Barbara, Solano, and Sonoma).

The magnitude of the drug issue is tremendous, but coupled with the economy of Tulare County, its staggering. Why is the economy of Tulare County so important? CA Health and Human Services data shows that people that live in poverty limit their ability to receive basic goods, health care, and other necessities that affect their ability to live a healthy life and make good life decisions such as refraining from drug use and crime. According to the 2014/2015 California County Scorecard, 37% of County children live in poverty. Tulare County's population is nearly half a million people (460,437), many living in rural areas. According to the U.S. Census, in 2016 the median County household income was \$42,798 compared to \$63,783 for California, 24.7% below the poverty level compared to a 14.3% state average. The Ca. State Employment Development Department report (January 2018) ranked Tulare County's unemployment rate (10.9%) as the third highest in the state (Ranked 56 out of 58 counties).

A 2016 self-reported survey conducted in our jails, with 67% of the jail population responding, 42% of the inmates indicated they were arrested for drug offenses and 11% for DUI related charges. Of the respondents, 36% requested programs to address drug and alcohol issues and 42% recognized the need for aftercare planning. Using the assessment tool Outcome Assessment And Reporting System (OAARS), 243 RSAT participants (July 2015-December 2017) indicated that 60% of participants were dependent on stimulants (meth), 13% on Cocaine, 28% on Marijuana, and 31% on Alcohol. The OAARS assessment also showed that 23% of participants abused stimulants (meth), 55% cocaine, 54% marijuana, and 43% alcohol.

The principle purpose of the RSAT program is to break the cycle of drugs and violence by reducing the demand, use, and trafficking of illegal drugs. The TCSO program design addresses these issues by focusing on behavioral modification, changing the errors in thinking and the way one responds in different circumstances. According to OAARS data, 43% of our RSAT participants were employed full time and 12% part time at the time of program entry, 41% have not earned a high school diploma or equivalent. The need is greater than ever for programs such as RSAT, that offer evidence-based programs, which provide viable substance abuse education and treatment, focus on re-entry, and coordination of services with our partners outside of the jail setting. The evaluation report from the grant evaluator (Barbara M.

Aved, PhD, MBA) and an independent program evaluator (Karina Luna, MA), which we will discuss later in this report, adds to this statement. TSCO's RSAT program has made positive strides toward achieving these goals. TCSO recognizes the strong need to continue this well-regarded program. For example, program participants have overwhelmingly cited that, "the caring and helpfulness of the counselors to be the most surprising or unexpected part of being an RSAT participant. The knowledge gained about drug addiction, understanding how to deal with anger, learning how to be grateful, parenting tips, thinking differently, accepting responsibility, and acknowledging mistakes" were the most common responses from the RSAT participants.

2. Project Approach

Goal 1. To continue to provide substance abuse treatment services using evidence based practices and curriculum

This program addresses grant goals through use of evidence-based practices for an effective substance abuse program. The program strives to have the participants in the program for at least 5 months. However, the minimum time in the RSAT program is 3 months, which still meets the criteria of treatment duration of 90 or more days. RSAT program participants placed into the program, will consist of inmates with a medium-to-high-risk assessment. A small portion of low-risk-offenders, which are court referred or volunteer for the program are occasionally enrolled into the program, although they are less likely to benefit from the intensive treatment offered in RSAT. The standardized Correctional Offender Management Profiling for Alternative Sanctions (COMPAS) assessment tool, which assesses risk, responsivity and needs will continue to be utilized, and is administered by our Probation Department as part of the partnership. Another service the Probation Department provides for the RSAT program is the Readiness for Employment through Sustainable Education and Training (RESET) program. Referrals to RESET are made depending on the participant's probation commitments. RESET is a two-week program similar to the Linking Employment Activities Pre-Release (LEAP) program, which will be explained in further detail in another section of this grant. RESET referrals help program participants meet their financial court obligations by providing assistance with job

referrals, on the job training opportunities, clothing allowances and transportation tokens. RESET also pays for GED testing fees, if the program participant did not earn their GED during their time in the RSAT program.

RSAT Alcohol and Other Drug (AOD) counselors are trained in Motivational Interviewing (MI), Cognitive Behavioral Therapy (CBT), and Thinking for a Change (T4C). To encourage engagement and motivation through open-ended questions, the RDAP and T4C curriculum is used in day-to-day facilitation and working on participant's specific needs. In 2017, RSAT AOD Counselors started to attend a yearly multi-cultural conference offered by CCAPP, to address multicultural issues and help reduce Racial and Ethnic Disparity within the program. The topics covered included: "What works and what doesn't; Cultural Issues, Counseling Expectations and Counseling Preferences of African-American Clients", "Helping Latino Men become Courageous Healers, et al", "Listening to the Silence: Experience of LGBTQ+, Asian Pacific Islander Americans."

We currently utilize the Residential Drug Abuse Program (RDAP) curriculum from the Change Companies, an evidence-based program registered with National Registry of Evidence-based Programs and Practices (NREPP), through the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). RDAP is an evidence-based program well received within the industry. Thinking for a Change (T4C), considered a promising program according to crimesolutions.gov, utilizes CBT principles, social skills, and problem solving techniques to establish a new way of thinking.

TCSO's RSAT program was assessed in 2014 utilizing the Evidence-Based Correctional Program Checklist (CPC) provided by the University of Cincinnati -Dr. Latessa's formula for evidence-based practices. RSAT Staff has made great strides in improving the program areas that indicated, "Needs improvement." Due to CPC's program suggestions, the program schedule was modified to meet the recommended hours required for successful programming. Staff meetings were increased from once to twice a month, allowing for more staff input into programming needs and addressing individual program participant concerns; installed a rewards and sanctions guideline component. Per the CPC, a Deputy Training Binder

was created for the RSAT Unit Deputy, to keep them inform on the standard practices of the program. An AOD Counselor binder was also created to assist with training a new counselor. Before the CCP review, the only training a new counselor received was job shadowing. A Skills Acquisition scale and scoring rubric was implemented to ensure the program was not just graduating participants because of time served, but because the participant had demonstrated expected proficiencies. Last year the majority of the RSAT participants enrolled in the program for more than four months, were able to achieve a passing score of at least 70% and received a graduation certificate.

Goal 2. Prepare offenders for their reintegration into the communities from which they came from by incorporating reentry-planning activities into treatment programs.

Community re-entry presents particularly significant challenges for individuals who have co-occurring substance abuse and mental health issues. Reintegration curriculum is offered throughout the program, with a strong emphasis on the last 30 days of incarceration where inmates focus primarily on their re-entry into their community.

Prior to admission into the program, a COMPAS assessment tool is used to determine appropriate placement into the program. This assessment tool identifies criminogenic needs and risk of recidivism, which are reviewed at various stages of the recovery process. The Outcome Assessment And Reporting System (OAARS) is also done at intake. These two assessments help the counselor identify needs upon release (case management) which is integral in the reentry process to create the discharge plan.

Case management is completed weekly with each participant. The evidence-based RDAP Transitions section, from the Change Companies is utilized. This section addresses: realistic expectations, healthy relationships, authority figures, your safety net, managing your anger, managing your time, roadblocks, thinking for a change, and handling social influences.

The Re-entry Counselor works with each individual participant by helping them prepare an individualized discharge plan. All RSAT participants are given a career assessment (Career Scope) offered by Vocational Research Institute (VRI), prior to entering the last phase of reentry

planning. Career Scope identifies interest and aptitude and helps direct the RSAT participant toward specific jobs. The Offender Reintegration Scale (ORS) helps the participant prioritize their own specific needs and enables them to have an active part in preparing their discharge plan.

Goal 3. Assist offenders and their communities through the reentry process by delivering community-based treatment and other broad-based aftercare services.

Our philosophy is to start with aftercare planning from day one and continued throughout the program. The program addresses therapeutic needs by providing a program that is evidence-based and addresses the components relevant to changing the inmate's behavior. Assessment tools used for reentry include COMPAS, Career Scope, and ORS. Curriculum used are Thinking for Change, Transitions, Personal Change, and Resources for Change. Reentry Staff includes RSAT IPS, Reentry Counselor and onsite Probation Officer. Utilizing the numerous community-based partnerships we have, referrals are also made based on the program participant's specific needs, thereby providing effective continuum of care.

This modified therapeutic approach is achieved by providing the tools and knowledge that reduce recidivism. Factors that affect recidivism include criminal history, education/employment, financial, family/marital, accommodation, leisure/recreation, companions, alcohol/drug problems, emotional/personal, and attitudes/orientation. The goal is to stay connected with the inmate for a period of at least one year after graduation from the program. The RSAT Re-entry counselor conducts a hands-on approach via phone calls, the week after release. RSAT staff contacts each graduate and checks in with them on a monthly basis thereafter, up to a year. The graduate's status is documented on a spreadsheet, to be used for aftercare tracking purposes. This gives the RSAT Reentry Counselor the ability to make a connection with those participants that do not have formal court commitments after release. The long-range goal is monitor recidivism statistics up to two years.

Aftercare and accountability can at times be difficult to track and achieve. As a result, the department has established a great working relationship with Probation, to help monitor all RSAT graduates who have a Formal Probation commit. Of our latest enrollments,

approximately 70% of the RSAT graduates have a formal probation commit. The Inmate Program Specialist (IPS) does quarterly follow-ups with Probation to track compliance and drug testing results. Sometimes program graduates are released directly to Probation through an Electronic Home Monitoring (EHM) system, allowing a different tier of intervention and monitoring.

In collaboration with the Tulare County Probation Department, a designated Probation Officer (PO) is assigned to assist with RSAT participants. The PO meets with reentry inmates to discuss court commitments upon release to help establish the connection with their assigned PO upon release. When possible, the first appointment with the assigned PO is established prior to their release. This is in alignment with the key elements of providing effective programs through systems integration and continuum of care. In addition to the Probation Department, the TCSO RSAT program has partnerships (CBO) with Employment Connection, Workforce Investment Board (WIB), Visalia Rescue Mission, Community Services Employment Training (CSET), Bay Area Addiction Research Treatment (BAART), Visalia Adult School, the local college, and various other agencies to assist with the smooth transition into the community.

The Visalia Rescue Mission assists program participants that are homeless, or without a definitive place to go upon release. The local Veterans Administration Office provides assistance for Veterans enrolled in the RSAT program. Family Services of Tulare County provides additional Anger Management, Batterers Intervention and Theft Intervention classes for RSAT participants to meet their Court required programs. Bay Area Addiction Research and Treatment (BAART) agency helps provide treatment with opioid addiction upon release. Corizon Correctional Healthcare, contracted medical in-house provider and the Tulare County Health and Human Services Agency (HHSA) specifically address, upon release, co-occurring medical and mental health disorders. During case management, it has been determined that the key barriers to successful re-entry, include the difficulty of securing stable housing and discontinuity of medications and other treatment services.

Our partnership with Employment Connection and Workforce Investment Board (W.I.B) has been integral in the reentry portion of the program by utilizing the Linking Employment

Activities Pre-release (LEAP) program. LEAP teaches program participants how to explain their convictions in a positive manner, critical interviewing skills, and soft job skills. In addition to these services, they provide clothing allowances and transportation tokens if needed. Upon release, the LEAP graduate connects with Employment Connection staff. The staff at Employment Connection offers assistance in obtaining employment via on the job training opportunities and/or job referrals. As of March 2018, 47 RSAT program participants have graduated from the LEAP program, of those 47; ten have obtained jobs, either on a full time or part time basis. That is ten inmates that now have a means of supporting themselves and hopefully breaking the cycle.

3. Program Details

The target population is males over age 18 who have a history of substance abuse, and who are a medium to high-risk offender per the COMPAS administered by Probation upon entry into the program. The RSAT program consists of 64 dedicated beds in a stand-alone unit. Inmates are court-referred and/or volunteer for the program. They must have at least 3 months remaining on their sentence. The ethnic population (243 participants) based on OAARS, from July 2015 to December 2017, consists of 9% Hispanics/white, 48% Hispanics/nonwhite, 2% African American, 2% Native American, 1% Asian, 36% Caucasian and 1% multiracial, making R.E.D training extremely important component of the program.

Average time in the program is 4-5 months. Based on a population of 50-64 program participants and at least four months in the program, we anticipate that we will serve 120-150 inmates in a year. The main program curriculum utilized is the Residential Drug Abuse Program (RDAP) from the Change Companies, recognized by NREPP. The RDAP curriculum is used twice a week for a total of 5 hours. Topics covered include: rational thinking, criminal lifestyles, lifestyle balance, and recovery maintenance. All participants are required to attend the classes, which include a combination of journaling and facilitation.

Program enrollees are drug tested upon entry into the program to establish a baseline. Approximately 10% of participants are randomly tested weekly. A no-tolerance policy is maintained with the exception at baseline, it is not uncommon to have someone test positive

for marijuana at this time, as it can stay in the system for more than 30 days. If the result is positive, RSAT staff will contact Corizon, in-house medical provider, to verify that a prescribed medication is not the cause; otherwise, they are removed from the program. A 5-panel dip test is administered testing for COC/THC/MOP/m-AMP/BZO. All drug testing is conducted under the direct observation of trained staff, and supplies purchased with grant funds.

An assigned Inmate Programs Specialist (IPS), who has day-to-day oversight of the program, works closely with the counselors and program participants. The IPS's duties include gathering data, monitoring entries in client's files, and observing classes for content and modalities such as MI and CBT. The IPS coordinates and conducts the biweekly meetings; during these meetings staff has the ability for input and the opportunity to brief special cases. Program participants have a house meeting as well, once a week, where they are able to voice their concerns to their peers and staff. The Programs Director and Director of Alternative Services (subcontractor) meet regularly with the IPS and Alternative Services Supervisor to assess program needs and issues. An outside evaluator Barbara M. Aved, PhD, MBA, is contracted to review data and assess the effectiveness of the program.

The participant's progress is monitored by their assigned counselor and progress noted weekly in their files. In addition, there are two documents to assist with this project. The first document is the Rewards/Sanctions Guidelines, which gives the counselors the ability to identify problematic behaviors and the second form is a Skills Acquisition form, identifying expectations of skills learned while in the program. The Skills Acquisition form is used to determine if the participant is truly ready to graduate from the program as opposed to having just served their time. Dr. Aved's most recent RSAT evaluation (FY 2016-17 report submitted to BCSS) of OAARS showed an overall average increase of 25.6% in knowledge/change in substance abuse and recovery issues for the total sample and 30.8% for the subsample who graduated – all statistically significant positive changes.

As part of the wrap-around services, two primary evidence based curriculums used in the RSAT program are RDAP being the first, "Thinking for a Change" (T4C) is the second. Staff

are trained, certified T4C facilitators. T4C is offered in 4 phases, proving the fidelity of the program, with a 5-week rotation, to avoid participants coming into the program mid-cycle. Trained Motivational Interviewing and Cognitive Behavioral Therapy staff, help participants become aware of how their current behavior may lead them away from important goals. Current dosage of T4C is 5 hours a week. The combined hours of the RDAP, T4C, and the additional curriculum as listed below, averages between 15-20 hours a week. The program design is 4 months, 16 weeks, with a combined total of 240-300 hours, far exceeding the dosage of 200 hours for a high-risk offender.

"Nurturing Parenting" is another evidenced based program curriculum, targeted toward substance abuse and is part of the weekly curriculum offered. Nurturing Parenting is listed on SAMHSA's NREPP site. Program participants with children, can participate in TCSO's Gang Awareness Parenting Program (GAPP), supported by the Tulare County Children and Families Commission. In addition to the above-mentioned program, other classes offered to program participants include anger management, pharmacology, job skills and relapse prevention. Visalia Adult School provides program participants with GED and ESL classes.

Character Counts is used in the RSAT program, as well as throughout our County's various school districts. Character Counts is a program that examines core values – Six pillars: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship. This concept lends itself to normal changes in behavior and philosophies introducing the inmate to good character and changing the way they think. This allows the inmate to form a connection with their child, which both can understand. Once a month, as part of the rewards program, 6 participants are nominated by their peers to represent each of the Pillars.

During the last 30 days of incarceration, participants are placed into the reentry portion of the program. The Reentry Counselor specifically addresses each participants individual needs upon release. The caseload for the four counselors is 16 program participants each. This number can fluctuate as one-counselor deals primarily with our Spanish speaking population and another works with reentry participants. The Reentry Counselor, along with the IPS, are responsible for the tracking and follow-up of program graduates.

RSAT participants all have a common need for substance abuse recovery and cognitive behavioral therapy programs. The COMPAS needs portion is addressed with one-on-one and small group sessions. There is a high concentration of hours dedicated on the schedule to meet those needs. The evidence-based curriculum "Transitions" (NREPP), the last phase of T4C, and additional curriculum are used to enhance the program, such as "Resource for Change", and "Getting it Right" both well-received educational programs. The COMPAS, ORS and Career Scope are emphatically used in reentry, where this information is used to help guide the participant in the preparation of their discharge plan that every program participant leaves with. RSAT grant funds will continue to be used to purchase the following program materials: RDAP, Nurturing Parenting, OAARS, ORS, Getting It Right and Resources For Change.

Approximately 70% of the participants have formal probation commitments, allowing the capability for follow up with at least three-quarters of the population upon release. Aftercare participants are tracked for one full year following program graduation. The RSAT IPS checks in with the assigned PO to verify that the graduate has kept his appointment and is compliant, including drug testing. An extensive database is maintained to track both in-house and aftercare participants. RSAT staff checks for rearrests on a quarterly basis in the Jail Management System, Bureau of Justice Administration (BJA) reporting system, requires this data on a quarterly basis. TCSO has been providing this data for a number of years now. Every effort is made to get a viable contact number from the participant before they leave the program. The number of participants tracked during aftercare can vary depending on the ability to contact them. If they do not have a cell phone, they are directed before to release, to a free State resource for obtaining one. In 2017, we had 105 graduates, an estimated 66% of this population, should be attainable, tracking around 70 inmates.

Through one-on-one counseling, individualized aftercare plans are established. RSAT program graduates are provided with resources upon release and appropriate referrals made. Aftercare phone calls are conducted monthly to follow up with their discharge plan, and offer help with any additional services. TCSO's RSAT Program has a great working relationship with local agencies. Probation helps on the front end with the assessment and in the aftercare portion of this grant. HHSA works with the mental health issues - ensuring the inmate is released

with sufficient medication and an appointment is made upon release from custody. Family Services of Tulare County has agreed to work with the program graduates upon release, who are participating in their classes while in custody, and the Visalia Rescue Mission helps with homeless issues. U.S. military veterans are connected with the Veterans Administration. Additional services and will also include referrals to medically assisted treatment (MAT) center.

TCSO reviewed preliminary data of 36 counties from the CA Department of Healthcare Services (2015 through 2017) relating to the "Primary Drug At Admission" to compare overdose rates. Stats showed that from 2015 through 2017 there was a reduction in methamphetamine overdose of 3.5% and a 63% reduction in opioid overdose, which correlates to what we are seeing in the OAARS data on the drug of choice. This information assisted the RSAT staff to evaluate how much of a problem opioid use is and determine the extent of need for MAT.

RSAT program participants showed an 8% dependence and a 13% on opiate abuse. We have established a partnership with Bay Area Addiction Research and Treatment (BAART). BAART is an approved Medi-Cal provider, which provides a sliding fee scale for eligible participants in need of opioid addiction maintenance treatment. We will utilize BAART for any medically assisted treatment to help address opioid addiction after release from the program. A referral will be given to the program graduate, prior to release, to establish the connection. Utilizing the OAARS assessment tool, RSAT staff have identified one current program participant that will be referred to BAART upon graduation from the program. Even though the need for MAT in our RSAT program is minimal, we still recognize the importance of MAT and the success it is having across the nation. RSAT Staff will continue to monitor and work with Corizon and BAART to address any changes and implementation of MAT into the program.

RSAT staff attended a training on MAT in San Bernardino County in January 2018. The presenter was Sheriff Peter J. Koutoujian, from Middlesex County. Sheriff Koutoujian presented on "Implementing Medication Assisted Treatment (MAT) Programs in Jails." RSAT staff will continue to stay educated on this issue and follow very closely any reports and updates on this medical method of addressing the opioid use within the incarcerated population to address reduction and aftercare needs as time progresses.

Utilizing the Texas Christian University – Criminal Thinking Scale (TCU-CTS), pre and posttests are administered for the T4C program. T4C is offered two times a week for 5 hours. This tool measures 6 scales: entitlement, justification, power orientation, cold heartedness, criminal rationalization, and personal irresponsibility.

4. Organizational Capability

The Tulare County Sheriff's Office (TCSO) and Alternative Services Inc. have seamlessly worked together since 1999. They will continue to combine resources and expertise to operate the RSAT program inside the Tulare County Detentions Division. Both agencies have maintained operational agreements and worked collaboratively for almost 20-years with a goal of supporting program participants to become drug free and attain a safe family environment upon release. The TCSO Detentions Division has overseen the grant administration for the RSAT program in coordination with their other programs and grants they oversee, since its successful inception

Having worked with both Federal and State grants, TCSO is very familiar with financial, personnel, and equipment accountability, evaluation and performance, and the importance of accurate record keeping. TCSO has received grants dealing with gangs, domestic violence, community based officers, community outreach, substance abuse, and a variety of other subjects. We have a proven record of effective grant funded program development and management. TCSO has the leadership, knowledge, and the determination to implement and manage this grant proposal.

Project Staff:

TCSO Inmate Programs Manager - Lieutenant Cory Jones is a mid-level manager and will oversee the overall management of the RSAT program. Lt. Jones has worked for the Tulare County Sheriff's Office for 24 years and has held a variety of supervisory and managerial positions. He has a vast knowledge of contracts, financial accountability, and program reporting related to grant management. He is currently overseeing three large Federal grants worth over \$100M. Lt. Jones currently manages the Sheriff's

detentions medical, psychiatric, inmate programs, vocational rehabilitation, and Gang Awareness Parenting Program grant.

The Director of Alternative Services is Ann Konda, LCSW. The contracted drug-counseling provider, Alternative Services, provides the trained AOD staff for the program. Ann Konda has oversight of the counselors and is available on an as-needed basis.

Nicole Salinas, TCSO Inmate Program Specialist (IPS), will conduct the day-to-day program oversight. Nicole has a Bachelor's of Science degree in Criminology with an option in Corrections and an Associates of Arts degree in Social Science. This IPS has been working for TCSO's RSAT program since 2014 and is trained in Motivational Interviewing (MI), Cognitive Behavioral Therapy (CBT), Thinking for a Change (T4C), and Communication Skills. Nicole ensures the fidelity of the program, as well as collecting the necessary data to prepare reports as required by the funding agency.

The full-time on-site supervisor, Julie Mooney, is Internationally Certified (IC&RC) with California Consortium of Addiction Programs and Professionals (CCAPP). Julie is trained in Motivational Interviewing (MI), Cognitive Behavioral Therapy (CBT), Thinking for a Change (T4C), Multicultural Training, Communication Skills training.

The Four full time counselors are either AOD certified or Registered Alcohol and Drug Technicians (RADT). The counselors provide treatment services to program participants, with a caseload of approximately 16 participants each. AOD counselors are trained in MI, CBT, T4C, and are all CPR/First Aid Certified.

TCSO's RSAT program is fully operational so there will be no lapse in service, nor will we require a start-up period. A partnership is already in place with the drug-counseling provider, daily routines established, custody staff familiar with all of the nuances of the program, courts on board and referring to the program continually, and most importantly, fully supported by the Sheriff and the community.

5. Program Evaluation

TCSO has been reporting data and other requirements to BJA on a quarterly basis since 1999. The Inmate Programs Specialist will take the lead in reporting the findings. TCSO will again contract with Barbara Aved Associates (BAA), an experienced evaluation firm, to refine the evaluation plan, consult on and develop/revise existing evaluation tools, advise on data collection methods, analyze the data, and prepare the final evaluation report.

BAA has gained familiarity with Tulare County from conducting a number of countywide needs assessments, strategic planning projects and evaluations for government and non-profit organizations. For example, Dr. Aved has been the evaluator of the TCSO's Gang Awareness Parenting Project since 2008. In 2009, BAA conducted a study for the Probation Department on the impact of AB 109 (early prison release) in Tulare County and in 2015, a training on Evaluation to the Jails Programs Association annual conference (2015) held in Tulare, Ca, attended by BSCC staff. BAA has also assessed some of the County's health and human services programs, such as mental health and dental. BAA understands the importance of these support service linkages to the RSAT aftercare participants. The Programs Director will work with BAA to ensure the program complies with the grant guidelines relative to the evaluation requirements.

The purpose of the local evaluation will be to document program activities, to measure and report the extent of change that has occurred concerning the program participant's attitude, knowledge, and behaviors. Development of a comprehensive evaluation plan that describes how the program intends to assess its effectiveness in relationship to the goals and objectives will be completed within the first 30 days of the grant. The plan will identify the major evaluation questions (i.e., what we want to answer at the end of the year), objectives, metrics, appropriate indicators (e.g., class completion rates), evaluation tools and data collection methods. The evaluation plan will be reviewed each year and adjustments made that align with best practices and program learning.

Pre and posttests will be administered for the T4C program utilizing the Texas Christian University – Criminal Thinking Scale (TCU-CTS). T4C is offered two times a

week for 5 hours, as suggested by the CPC review. This tool measures 6 scales: entitlement, justification, power orientation, cold heartedness, criminal rationalization, and personal irresponsibility to ensure fidelity of the program.

Character Counts, a 20-item scaled pre/post assessment of behaviors associated with positive characteristics will look for a demonstrated increase in awareness or change in inmates' core values. Counselors observe and record assessment scores at one month after entry (pre) and at the time of discharge (post). The outcomes will be used to gauge the extent to which program participants met or progressed in meeting their reentry goals, including maintaining substance abuse treatment goals. Enrollees that graduate from the RSAT program are moved to the aftercare portion of the program, and because a variable and limited amount of follow-up data are available, attempts are made to follow them for 12 months post-discharge. Staff tries to contact each inmate within the first week of release and monthly thereafter. During the period July 2016 through February 2018, 1,065 calls were made, 37% of the aftercare graduates were reached. The aftercare measures will focus on recidivism rates for two years following the inmates' graduation from the program. Utilizing convictions instead of just arrests, and other metrics such as the number and percent of negative drug/alcohol tests of those tested by Probation, employment status (percent with at least a part-time job), and housing status (percent in a stable living situation).

Outcome evaluation focuses on the immediate and longer-term effects that the RSAT program has had on the individuals enrolled in the program. For example, pre and posttests administered will provide the answer to the question, "To what extent did participants demonstrate improvement concerning key characteristics associated with substance abuse treatment?" Along with the RDAP program (offered two x/week for 5 hours), trained counselors utilize the Outcome Assessment Tool (OARS). OARS is a 1-4 scale assessment tool, which measures changes in 10 domains: affective and anxiety disorders, awareness and understanding of the condition, personal commitment to change, willingness to involve others in treatment, ability to follow-through, level of engagement, and the recovery environment. The RDAP outcomes measures the change

in knowledge of substance abuse and recovery issues. The T4C outcome will measure a change in criminal thinking attitudes.

To address process measures, staff will continue to collect data required by BJA, including the number of high-risk enrollees, new enrollments, program graduates, those that fail to graduate and reasons why, length of time in the program, and drug test results. Data on the number of service hours provided and services implemented on time will continue to be collected. The RSAT IPS and experienced RSAT counselors will administer the pre/post assessments as stated on the last grant period. They will be looking to see that quantifiable targets were achieved during this next grant period, as well as implementation of the planned strategies. Process data will continue to be gathered for both in-custody and aftercare components.

The data collected will meet the RSAT goal of reducing the demand, use and trafficking of illegal drugs, as the metrics are both quantitative and qualitative: identifying numbers of enrollment, graduates, referrals, recidivism rates and knowledge, attitudes and behavioral changes essential to breaking the cycle. A final report at the end of each program year documenting the findings of the evaluation will be developed with the assistance of the program evaluator. Any additional data as requested by the funder will be provided.

In 2016, Doctoral candidate Karina Luna M.A. from the California School of Professional Psychology, conducted a program evaluation of TCSO's RSAT program to determine the impact of our inpatient/inmate drug and alcohol program. Luna's sample base were 450 cases from 2012 – 2014 using the OAARS assessment tool, average age 35.8-years, most participants being Hispanic 48.2%, never married 42.0%, no high-school diploma or GED 50.2%, having no prior treatment 58.9%, and working full time 37.8%. Luna reported these findings of the program:

“The purpose of this program evaluation was to assess the impact of the Central Valley Jail Residential Substance Abuse Treatment Program on recidivism. The program evaluation utilized archival data from 2012 to 2014. Along with assessing

the impact of recidivism, this researcher also wanted to investigate interactions with additional factors such as demographics variables and other variables that account for influencing treatment outcomes. The findings of this study do support the impact of the Central Valley Jail Program on recidivism and data showed a difference between participants at the start of the program and at the end of the program. The findings did not support the two other hypotheses of demographic variables affecting treatment outcomes from the OAARS and the post-OAARS.”

The finding did prove that when looking at the difference between OAARS scores and recidivism, there was small improvement and that the program does influence improved recidivism rates. The RSAT Program's 2017 recidivism rate is 30%.

6. Sustainability

TCSO has maintained the RSAT program through lean times and lapses in funding, with some minor adjustments to the program and staffing. TCSO supplemented the program costs from the limited Inmate Welfare Trust fund during these times. The program is well respected by the department, courts, Probation, county and community agencies. If funding were not available, together, the partners would seek other funding sources, pool resources, and look for creative ways to continue to fund this invaluable program, albeit on a limited basis, as funding would permit.

In order to keep the request for grant funding to a minimum, besides the 25% match, the Sheriff's Office and Alternative Services Inc. absorbs all overhead costs. There is no charge for the TCSO Inmate Programs Manager, RSAT housing unit deputies, and accounting staff. Alternative Services Inc. Executive Director's salary is not factored into the program budget, as well as the supervisor for the counselors. An estimated, five-ten hours a week are dedicated to the RSAT program by the Inmate Program manager and Alternative Services Inc. Director. There is an assigned Probation Officer, whose focus is to work with the Men's RSAT program participants, at no cost to the RSAT program. Additionally, TCSO operates, on a smaller scale, a 30-bed Women's RSAT program. This

program provides substance abuse treatment to our female population. The women's program is funded solely out of AB 109 and our general fund.

Budget Narrative

1. Salaries and Benefits

List the classification/title, percentage of time, salary or hourly rates, and benefits (if applicable) for every staff person from the applicant that will be funded by the grant or committed as match to the grant. Briefly describe their roles/responsibilities within the RSAT project.

a. Grant Funds Requested: \$46,273

Narrative Detail: Tulare County Sheriff's Office "Inmate Program Specialist", one FTE, total salary and benefit total \$61,697 assigned who has day-to-day oversight of the program, working with the counselors and inmates. The IPS's duties include gathering data, monitoring entries in client's files, and observing classes for content and modalities. The IPS is also responsible for coordinating biweekly meetings, allowing staff the ability for input and the opportunity for briefing of special cases.

b. Match: \$15,424

Narrative Detail: All matching funds identified in this budget document will come from our Inmate Welfare Trust account. The match does not include the leveraged costs of the Inmate Program Specialist supervisor, the Project Manager, or specially assigned correctional deputy's to the RSAT housing unit, estimated at approximately \$104,034.

2. Services and Supplies

Itemize all services and supplies purchased by the applicant.

a. Grant Funds Requested: \$6,801

Narrative Detail: We anticipate a total of \$9,068 to be spent on this category. The expected service and supplies are special shirts worn by the RSAT inmates that are different from the traditional inmate uniform issued to non-RSAT inmates. This clothing issue allows the inmate to take pride in their ongoing accomplishments

BUDGET TABLE FY 2018-2019
RSAT Budget Table for County of Tulare Sheriff's Office

Total combined project costs of the In- Custody and Aftercare components (include all leveraged funding used to support the overall program): \$580,392

Estimated project costs for In- Custody only component (include all leveraged funding used to support the overall program): \$569,442 (\$580,392 - \$10,950)

Estimated project costs for Aftercare only component of the program (include all leveraged funding used to support the overall program): \$10,950

List all non-RSAT related funding sources that will be leveraged to support the project costs for the In-Custody only component (e.g., general fund, AB 109): Inmate Welfare Trust Fund, AB 109, and general fund.

List all non-RSAT related funding sources leveraged to support the project costs for the Aftercare only component (e.g., general fund, AB 109): Inmate Welfare Trust Fund AB 109, and general fund.

BSCC BUDGET
For RSAT Grant Funds Requested

| BSCC Budget Line Item | A. Grant Funds | B. Cash Match | C. In-Kind Match | D. Total (A+B+C) |
|---|-----------------------|----------------------|-------------------------|-------------------------|
| 1. Salaries and Benefits | \$46,273 | \$15,424 | \$0 | \$61,697 |
| 2. Services and Supplies | \$6,801 | \$2,267 | \$0 | \$9,068 |
| 3. Professional Services | \$0 | \$0 | \$0 | \$0 |
| 4. Community-Based/Non-Governmental Organization (CBO/NGO) Subcontracts | \$156,000 | \$52,000 | \$0 | \$208,000 |
| 5. Indirect Costs | \$0 | \$0 | \$0 | \$0 |
| 6. Equipment/Fixed Assets | \$0 | \$0 | \$0 | \$0 |
| 7. Project Evaluation | \$18,750 | \$6,250 | \$0 | \$25,000 |
| 8. Other (Travel, Training, etc.) | \$7,875 | \$2,625 | \$0 | \$10,500 |
| TOTALS | \$235,699 | \$78,666 | \$0 | \$314,265 |

and an incentive to stay in the RSAT program. Additional program incentives are given to the inmates such as gift cards as part of our awards. Staff purchase workbooks for the inmates structured classroom use, assessment tools, updated curriculum, as well as testing supplies, for program classes and drug testing supplies. RSAT grant funds will continue to be used to purchase the following program materials: RDAP, Nurturing Parenting, OAARS, ORS, Getting It Right and Resources For Change.

b. Match: \$2,267

Narrative Detail: The CBO's involved, the Sheriff's Office, and our primary partner and subgrantee, Alternative Services Inc. leverage various office supplies, vehicle/mileage use, facility, and equipment use.

3. Professional Services

List the names of any public agencies or professional consultants that will work on the project. Show the amount of funds allocated to each and itemize the services that will be provided. List any positions to be funded, including classification/title, percentage of time, salary or hourly rates, and benefits (if applicable).

a. Grant Funds Requested: \$0

Narrative Detail: N/A

b. Match: \$0

Narrative Detail: N/A

4. Community-Based/Non-Governmental Organization (CBO/NGO) Subcontracts

List the names of all CBO/NGO that will work on the project, if known. Show the amount of funds allocated to each and itemize the services that will be provided. Include any positions to be funded, including classification/title, percentage of time, salary or hourly rates, and benefits (if applicable). If a community partner has not been selected as of the date of the submission of the application, identify the amount of grant funds that will be allocated and describe the services to be provided.

a. Grant Funds Requested: \$156,000

Narrative Detail: TCSO will continue to collaborate with the sole subgrantee, Alternative Services Inc., based in Tulare County, to provide four FTE position

Alcohol & Other Drug (AOD) counselors. One AOD will be assigned to assist with aftercare while the other three will be primarily assigned to in-custody. The approximate salary & benefit for each counselor is \$52,000. The total cost for four AOD's will be \$208,000, a Match of \$52,000 is listed below.

b. Match: \$52,000

Narrative Detail: The AOD's direct supervisor and the Executive Director's positions will be as oversight of the RSAT program and will be leveraged funding as their contribution to the program. The total cost for four AOD's will be \$208,000.

5. Indirect Costs

Itemize all indirect costs. Indirect costs must be based on either the grantee's approved Indirect Cost Rate Plan or on a Cost Allocation Plan. Indirect cost guidelines can be found in the BSCC Grant Administration Guide, located on the BSCC website.

a. Grant Funds Requested: \$0

Narrative Detail: N/A

b. Match: \$0

Narrative Detail: N/A

6. Equipment/Fixed Assets

Itemize all equipment and fixed assets to be purchased by the Grantee.

a. Grant Funds Requested: \$0

Narrative Detail: N/A

b. Match: \$0

Narrative Detail: N/A

7. Project Evaluation

Itemize all costs associated with evaluation efforts for this project.

a. Grant Funds Requested: \$18,750

Narrative Detail: Barbara Aved, PHD, of Barbara Aved & Associates (BAA) will continue to provide data collection, progress reporting, and data analysis of the information collected during the inmates stay in jail as well as their aftercare activities. Other agencies have used BAA as part of their data collection and analysis as has the RSAT program.

b. Match: \$6,250

Narrative Detail: N/A

8. Other (Travel, Training, etc.)

Itemize all costs that do not fit into the categories listed above, including travel and training. At a minimum, applicants should budget for attendance at the Grantee Orientation Meeting in Sacramento and the potential cost of attending the National RSAT Conference in Chicago.

a. Grant Funds Requested: \$7,875

Narrative Detail: Staff have attended in the past and anticipate during this grant cycle attending updated training from the annual CCAPP Multicultural conference, annual National Character Counts conference, curriculum training for the Training For A Change (T4C) classes, and facilitator training for the national Nurturing Parent program.

b. Match: \$2,625

Narrative Detail: N/A

Attachment E: Certification of Compliance with BSCC Policies Regarding Debarment, Fraud, Theft and Embezzlement

It is the policy of the BSCC to protect grant funds from unreasonable risks of fraudulent, criminal, or other improper use. As such, the Board will not enter into contracts or provide reimbursement to applicants that have been:

1. debarred by any federal, state, or local government entities during the period of debarment; or
2. convicted of fraud, theft, or embezzlement of federal, state, or local government grant funds for a period of three years following conviction.

Furthermore, the BSCC requires grant recipients to provide an assurance that there has been no applicable debarment, disqualification, suspension, or removal from a federal, state or local grant program on the part of the grantee at the time of application and that the grantee will immediately notify the BSCC should such debarment or conviction occur during the term of the Grant contract.

BSCC also requires that all grant recipients include, as a condition of award to a subgrantee or subcontractor, a requirement that the subgrantee or subcontractor will provide the same assurances to the grant recipient. If a grant recipient wishes to consider a subgrantee or subcontractor that has been debarred or convicted, the grant recipient must submit a written request for exception to the BSCC along with supporting documentation.

By checking the following boxes and signing below, applicant affirms that:

- I/We are not currently debarred by any federal, state, or local entity from applying for or receiving federal, state, or local grant funds.
- I/We have not been convicted of any crime involving theft, fraud, or embezzlement of federal, state, or local grant funds within the last three years. We will notify the BSCC should such debarment or conviction occur during the term of the Grant contract.
- I/We will hold subgrantees and subcontractors to these same requirements.

A grantee may make a request in writing to the Executive Director of the BSCC for an exception to the debarment policy. Any determination made by the Executive Director shall be made in writing.

| AUTHORIZED SIGNATURE | | | |
|---|----------|------------------|------------------------|
| (This document must be signed by the person who is authorized to sign the Grant Agreement.) | | | |
| NAME OF AUTHORIZED OFFICER | TITLE | TELEPHONE NUMBER | EMAIL ADDRESS |
| J. Steven Worthley | Chairman | (559) 636-5000 | grants@co.tulare.ca.us |
| STREET ADDRESS | CITY | STATE | ZIP CODE |
| 2800 W. Burrel Avenue | Visalia | CA | 93291 |
| APPLICANT'S SIGNATURE (Blue Ink Only) | | | DATE |

Attachment G: RSAT Implementation Workplan

Applicants for RSAT grant funds shall complete a 1-page Project Implementation Workplan. This Project Implementation Workplan identifies measurable goals and objectives, activities and services, the responsible parties and a timeline. To build the RSAT Implementation Workplan, applicants should copy and paste the following tables into a separate document. List only the top three goals of the project aimed at project implementation for the first year of funding.

| | | | |
|--|---|-------------------|-----------------|
| Goal 1: | To continue to provide substance abuse services using evidence based practices and curriculum. | | |
| Objectives: | a) To continue to target participants who have at least five months left on their sentence program. b) Review and implement if possible, any suggestions made by the CPC committee, taking place in May 2018. c) Continue the use of evidence based curriculum that addresses substance abuse treatment for participants. | | |
| Project Activities: (that support goal and objectives) | Responsible staff/ partners | Timeline | |
| | | Start Date | End Date |
| Using Jail Management System, partnership with probation, and court referrals. | TCSO staff, Probation, & courts | July 2018 | June 2019 |
| Review report and create plan or course of action based on suggestions | TCSO staff, RSAT | July 2018 | June 2019 |
| RDAP Curriculum/ Thinking for a change | Alternative Services Counselors | July 2018 | June 2019 |

| | | | |
|--|--|-------------------|-----------------|
| Goal 2: | Assist offenders and their communities through reentry | | |
| Objectives: | a) Strive to assure that each participant takes a Career Scope Assessment to help evaluate career choice. This identifies interests and aptitudes. b) Utilize COMPAS to help evaluate risk for reintegration into the community. c) Continue to utilize ORS scores in Reentry, to evaluate which areas to focus on upon release. | | |
| Project Activities: (that support goal and objectives) | Responsible staff/ partners | Timeline | |
| | | Start Date | End Date |
| Career Scope | TCSO Staff/ Reentry Counselor | July 2018 | June 2019 |

| | | | |
|------------------------------|---------------------------------|-----------|-----------|
| COMPAS Assessment | Probation and Reentry Counselor | July 2018 | June 2019 |
| Offender Reintegration Scale | Reentry Counselor | July 2018 | June 2019 |

| | | | |
|---|---|------------|-----------|
| Goal 3: | Assist offenders and their communities through the reentry process by delivering community-based treatment and other broad-based aftercare services. | | |
| Objectives: | a) Continue collaboration with Probation to help with aftercare tracking. b) Continue to refer RSAT participants into LEAP and RESET to address employment needs. c) Continue evaluating MAT needs throughout the grant period. | | |
| Project Activities: (that support goal and objectives) | Responsible staff/ partners | Timeline | |
| | | Start Date | End Date |
| Partnership with Probation | TCSO Staff, Probation, and Alternative Services | July 2018 | June 2019 |
| Refer RSAT participant to LEAP/RESET | WIB/Employment Connection and Probation | July 2018 | June 2019 |
| Training/ Webinars | TCSO, BAART and Alternative Services | July 2018 | June 2019 |

RSAT – In Custody Weekly Schedule –

| Monday | |
|--------|--|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Graduation/T4C |
| 9:30 | Break |
| 9:45 | T4C Continued |
| 11:00 | Lunch/Yard |
| 12:30 | RDAP |
| 1:45 | Break |
| 2:00 | RDAP Continued |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Tuesday | |
|---------|--|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Anger Management |
| 9:30 | Break |
| 9:45 | Anger Management Continued |
| 11:00 | Lunch/Yard |
| 12:30 | Caseloads |
| 1:45 | Break |
| 2:00 | Caseloads Continued |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Wednesday | |
|-----------|---------------------------------|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Parenting |
| 9:30 | Break |
| 9:45 | Parenting Continued |
| 11:00 | Lunch/Yard |
| 12:30 | Thinking for a Change |
| 1:45 | Break |
| 2:00 | Thinking for a Change continued |
| 3:00 | Closure |

| Thursday | |
|----------|--|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | RDAP |
| 9:30 | Break |
| 9:45 | RDAP Continued |
| 11:00 | Lunch/Yard |
| 12:30 | House Meeting/ Relapse Prevention |
| 1:45 | Break |
| 2:00 | Relapse Prevention Continued |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Friday | |
|--------|--|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Character Counts/ Community Building/Library |
| 9:30 | Break |
| 9:45 | Pharmacology/ Health and Wellness |
| 11:00 | Lunch/Yard |
| 12:30 | One on One's/Group- Open Topic |
| 1:45 | Break |
| 2:00 | Job Skills |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Notes: |
|--|
| Graduations are every Monday as necessary |
| Individual and House Rewards days are subject to change. Individual rewards will be distributed to those who earned it, ever 4th Friday of the month. |
| House rewards will be awarded every 1st Friday of the month for those who earned it. |
| Every Thursday UA test will be done randomly in the morning. |
| Every 2nd and last Tuesday of the month, counselors attend the mandatory RSAT meetings. |

2018

Schedule is subject to change- dependent on counseling staff available.

Updated 03/01/18

RSAT Aftercare - Weekly Schedule - 2018

| Monday | |
|--------|--|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Graduation/T4C |
| 9:30 | Break |
| 9:45 | Thinking for a Change Continued |
| 11:00 | Lunch/Yard |
| 12:30 | RDAP- Transition Skills |
| 1:45 | Break |
| 2:00 | RDAP-Transition Skills Continued |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Tuesday | |
|---------|---|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Individual RDAP Work/Reentry One on One's |
| 9:30 | Break |
| 9:45 | Individual RDAP Work/Reentry One on One's Continued |
| 11:00 | Lunch/Yard |
| 12:30 | Caseloads |
| 1:45 | Break |
| 2:00 | Caseloads Continued |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Wednesday | |
|-----------|--|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Getting it Right |
| 9:30 | Break |
| 9:45 | Getting it Right Continued |
| 11:00 | Lunch/Yard |
| 12:30 | Thinking for a Change |
| 1:45 | Break |
| 2:00 | Thinking for a Change continued |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Thursday | |
|----------|---|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Resource for Change |
| 9:30 | Break |
| 9:45 | Resource for Change Continued |
| 11:00 | Lunch/Yard |
| 12:30 | House Meeting/Individual RDAP Work/Reentry One on One's |
| 1:30 | Break |
| 1:45 | Individual RDAP Work/Reentry One on One's Continued |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Friday | |
|--------|--|
| Time | |
| 7:30 | Morning Meeting |
| 8:00 | Character Counts/ Community Building/Library |
| 9:30 | Break |
| 9:45 | Pharmacology/ Health and Wellness |
| 11:00 | Lunch/Yard |
| 12:30 | One on One's/Group- Open Topic |
| 1:45 | Break |
| 2:00 | Job Skills |
| 3:00 | Closure |
| 3:30 | <i>Counselors: Documentation/Case Work</i> |

| Notes: | |
|---|--|
| Graduations are every Monday as necessary | |
| *Individual and House Rewards days are subject to change. Individual rewards will be distributed to those who earned it, ever 4th Friday of the month. | |
| House rewards will be awarded every 1st Friday of the month for those who earned it. | |
| Every Thursday UA test will be done randomly in the morning. | |
| Every 2nd and last Tuesday of the month, counselors attend the mandatory RSAT meetings. | |

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